



## Wheelchair Entrant Rules and Procedures

As students, clinicians and educators of the School of Health Professions, we appreciate persons who use adaptive equipment to live independent lives and promote participation in endurance sports.

Due to the nature of this event, we have limitations and requirements of anyone using wheelchairs or other “alternative” means of foot transportation.

This race involves a very steep incline up and down (the Galveston Causeway). Only persons who have race experience with hills and who possess and use the proper equipment will be allowed to travel onto the Causeway in a wheelchair. This race supports wheeled participants utilizing a “push-rim” type chair only and does not support gear driven, hand crank or motorized vehicles. A race helmet is required to be worn on the course at all times. Race wheelchairs must stay to the right and allow foot traffic/ runners to pass on the left. Blocking runners is not allowed. Brakes must be in race-ready condition. Participant must be physically capable of propelling self up the incline and controlling his/her speed on the way down without the assistance of another.

Due to the potential danger of this event, no exceptions will be made. If the participant using a wheelchair as a primary means of locomotion does not have the race experience, the hill control experience, the physical strength or the appropriate equipment, he/she will be unable to participate in this 5K on the Causeway.

Participants in wheelchairs are allowed to participate in the 1K offered to the kids. This 1K will have a slight decline and incline in and out of the Galveston Daily News Parking lot and on part of the exit ramp. The Causeway will not be incorporated in the 1K route.

Adapted restrooms will be available on-site and bus transportation will also accommodate wheelchair users.

Thank you, in advance, for your cooperation and understanding. Should you have any questions, please email me at [Kim@fitTRRun.com](mailto:Kim@fitTRRun.com) or call (409) 539-5150.

### **Kimberly Bachmeier**

Race Director, Owner fitTRRun

Occupational Therapist, Class of 1995, UTMB

**fitTRRun**